

# Impact of the Bio Psycho Social (BPS) assessment in nursing home organisation



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## Objective :

Admission in nursing home (NH), key moment in elderly person life, should be considered as a milestone in our collaborative management. Patient data collection must be comprehensive to help nurses/aid nurses taking into account any Bio Psycho Social (BPS) dimension of patient

## Method :

We have performed the BPS according a modified geriatric comprehensive assessment; medical screening was done before the inclusion process to avoid any unstable acute pathology. Evaluation by focus group method was done after the process, anonymous and qualitative questionnaire was performed 7 days after the last inclusion.

The main objective was to establish an exhaustive BPS assessment in our nursing home. The secondary objective was to evaluate our BPS by our nurses/aid nurses using a qualitative questionnaire and a team focus group assessment.

## Results :

Between 10/10/2014 and 30/04/2015, the admission committee met 18 times, 81 cases were screened and the project team has made 19 BPS assessments. A total of 84 % of nurses/aid nurses have considered better understanding of the patient and they have claimed more self satisfaction in doing their own job.

## Conclusion :

BPS approach could be summarized by answering to five simple questions who, how, why, when and by whom, before any admission in NH.

Assessment was based on a total interdisciplinary, each professional player in the nursing home was important. Beyond the workers satisfactions we have achieved a positive impact on the organization.

This approach also represents a significant managerial lever.